



Erasmus+

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Individual Career Development in Higher Education

EUROPEAN CAREER DEVELOPMENT PROGRAMME FOR UNIVERSITY STUDENTS

REALISE YOUR POTENTIAL

Self-awareness of young people's own skills is a key competence for informed educational choices and dynamic entry to the labour market.

CHOOSE YOUR CAREER

Self-development and career-management skills are an equally significant step to a successful professional development.

INCREASE YOUR EMPLOYABILITY

Students equipped with a higher and profound awareness about their actual competences, expectations and career plans have greater chances for increased employability upon exiting the University.

The EU co-funded ICARD project (2014-2016) promotes **Individual Career Development in Higher Education** covering the entire study cycle (entry-ongoing - exit).

Drawing from the best practice of Australia's Queensland University of Technology (QLD QUT), the ICARD project develops a comprehensive, transversal and transdisciplinary **European Career Development Programme (ECDP)**, providing University students with **personalised and systematic guidance** and individual

support, helping them develop their abilities, competencies, skills and ambitions, realise their potential and build their career.

The Programme is structured in 3 sections of several modules each:

- Accessing the university** Transition in
- During the study years** In-course/ongoing
- Entering the world of work** Transition out

BUILD YOUR CAREER STEP BY STEP USING www.career-modules.eu

Make use of the European Career Development Programme and learn how to:

- Write a CV and a letter of motivation
- Make informed decision about your career
- Communicate efficiently at your workplace
- Work in teams
- Develop your brand
- Apply for an internship



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